



# Spectrum Physical Therapy

Specializing in Spine & Sports Medicine

## MYSTIC

80 Stonington Rd, Suite A-3  
Mystic, CT 06355  
P: (860) 536-1699  
F: (860) 536-1686

## NIANTIC

11 Freedom Way, Suite B-2  
Niantic, CT 06357  
P: (860) 691-8960  
F: (860) 691-8969

## WATERFORD

86 Boston Post Rd, Suite 1  
Waterford, CT 06385  
P: (860) 444-8713  
F: (860) 444-1671

[www.spectrumphysicaltherapyct.com](http://www.spectrumphysicaltherapyct.com)

Name: \_\_\_\_\_ Date: \_\_\_\_\_

DOB: \_\_\_\_\_ Phone: \_\_\_\_\_

Diagnosis: \_\_\_\_\_

Surgical Procedure: \_\_\_\_\_

## TREATMENT PROCEDURES

**EVALUATE & TREAT**      PT \_\_\_\_\_ HAND \_\_\_\_\_

### MANUAL TECHNIQUES

- Joint Mobilization/ Manipulation
- Deep Friction Massage
- Soft Tissue Mobilization
- Myofascial Release

### MODALITIES

- Cold/Heat
- Ultrasound/ Phonophoresis
- Electrical Stimulation/ TENS
- Iontophoresis
- Traction: Pelvic/ Cervical
- Paraffin
- Biofeedback
- Extremity Whirlpool

Other \_\_\_\_\_

TREATMENT FREQUENCY:       2x/Wk       2-3x/Wk       3x/Wk  
 TREATMENT DURATION:       2Wks       3Wks       4Wks       \_\_\_\_\_

ADDITIONAL COMMENTS: \_\_\_\_\_

*I certify the above services are required by this patient on an outpatient basis.*

Physician's Signature: \_\_\_\_\_ UPin#: \_\_\_\_\_

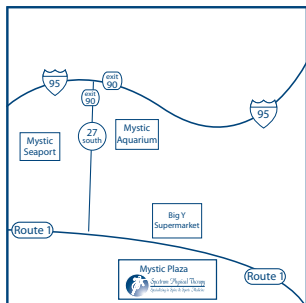
**DO NOT EMAIL PRESCRIPTION** The electronic prescription form is provided for your convenience. With respect to responding to this form, please do not send the prescription via email. Please populate, print and sign a hardcopy that may be faxed or hand delivered to the clinic.



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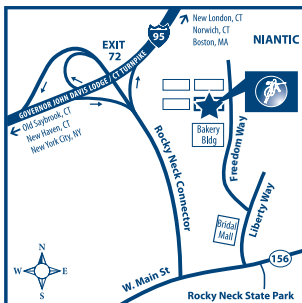
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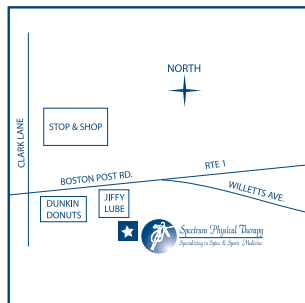
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### JUST A REMINDER:

Please bring this referral slip with you on your first visit.  
Please arrive 15 minutes before your scheduled appointment to complete the necessary paperwork.  
Evaluations (1st visit) usually last 1 hour.

### WHAT TO WEAR:

Please wear/bring comfortable clothing and sneakers including T-shirts and shorts or sweatpants.

Spectrum Physical Therapy is featured on

**PTandMe.com**

*An informational site for patients interested  
in or considering physical, occupational, and/or hand therapy.*